Before it Starts

Childhood Obesity

Preventing

Poor Quality of Life
Depression and Anxiety
Breast Cancer (Epidemiologic Risk)
Celiac Disease
Type 2 Diabetes
High Cholesterol
High Blood Pressure

The long term effects include:

Obesity in children?

What are the long term effects of poor dietary habits later in life?

Healthy habits at a young age rather than modify long-term outcomes will be. It's easier to build the problem is addressed the more effective the intervention. The research indicates that the earlier prevention childhood obesity through parent-focused programs at Spalding University, in our research class.

We are a group of Family Nurse Practitioners.

About us.

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